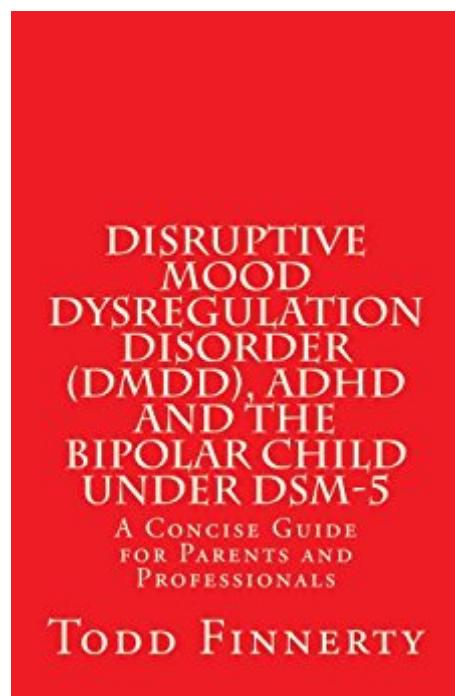


The book was found

# **Disruptive Mood Dysregulation Disorder (DMDD), ADHD And The Bipolar Child Under DSM-5: A Concise Guide For Parents And Professionals**



## **Synopsis**

In less than 10 years the rate that children are diagnosed with bipolar disorder increased a shocking 4000%! This was due in part to the increased use of alternative, unsanctioned approaches to making the diagnosis in children. As more research has been conducted and we've gained more experience with the bipolar child, it turns out that most don't grow up to have bipolar disorder and they're distinctly different from the much smaller number of children who really do have bipolar disorder. These kids not only have not had an early onset of bipolar disorder, they haven't had an onset of bipolar disorder at all. We must move forward with better research and better approaches to treatment. These children can't afford for us to cling to unsupported diagnoses. Under DSM-5 most of these kids are now better suited for the new DSM-5 diagnosis of Disruptive Mood Dysregulation Disorder (DMDD). DMDD is a unipolar (not bipolar) mood disorder characterized by very severe irritability. Any parent of a DMDD child can tell you that their problems are not simply normal, developmentally appropriate temper tantrums. Kids with DMDD are already in need of treatment, they're just not getting the best treatment that they could be. DMDD shares qualities with ADHD and ODD but also reflects substantial emotional concerns as severe as any bipolar disorder. In this book Dr. Finnerty confronts the popularized notion of the bipolar child and offers resources and less toxic advice for parents and professionals. If you previously thought that books like "The Bipolar Child" were a "bible" on early-onset bipolar disorder, you need to read this book now.

## **Book Information**

File Size: 307 KB

Print Length: 82 pages

Simultaneous Device Usage: Unlimited

Publisher: PsychContinuingEd.com; 1 edition (May 7, 2013)

Publication Date: May 7, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00CP85KSW

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #468,562 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #165 in Books > Health, Fitness & Dieting > Children's Health > Learning Disorders #311 in Books > Health, Fitness & Dieting > Mental Health > Bipolar #597 in Kindle Store > Kindle Short Reads > Two hours or more (65-100 pages) > Parenting & Relationships

## Customer Reviews

I found Todd Finnerty's new book on DMDD very helpful. It is easy to read and well informed; it is written in a rare format that makes it approachable and useful to both professionals and laypeople. So the audience is both mental health professionals and parents of children with such problems. Finnerty is clearly aware he is speaking to both groups, and gives helpful references for further reading to each. I am a Psychiatrist, practicing both psychotherapy and medication management. I, and many people in my profession, have been concerned about the problems with the diagnosis of Bipolar Disorder. There is clearly a group of people that have chronic problems with irritability, impulsivity, and behavior that have not fit clearly delineated diagnostic categories in the DSM system. One worrisome answer has been to use the Bipolar diagnosis, in an overly flexible way, that has led to many individuals being misdiagnosed. This has been especially concerning with child patients. To use the Bipolar diagnosis for such children, and then to form-fit medication treatments on such children, exposes them to potentially dangerous medications when that may not be the most beneficial treatment. More important, it might deny them more effective treatments such as psychotherapy and interventions through the family and school milieu. In answer to this, the American Psychiatric Association has developed a new diagnosis, DMDD. While retaining the Bipolar disorder (which does occasionally occur in children), they now recognize this new diagnosis, and the need for treatments potentially different than those useful for a patient with Bipolar Disorder. Finnerty's book generally covers 3 themes; he describes the professional phenomenon noted above, then the new diagnosis, then treatment.

[Download to continue reading...](#)

Disruptive Mood Dysregulation Disorder (DMDD), ADHD and the Bipolar Child Under DSM-5: A Concise Guide for Parents and Professionals ADHD: Stories Of Those With Attention Deficit Hyperactivity Disorder And How They Overcame It (Adhd Children, Adhd adult, Adhd parenting, Adhd without ... Adhd advantage, adhd effect on marriage) ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) BIPOLAR DISORDER: Bipolar Disorder Survival

Guide (SECOND EDITION) Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and More!: The One Stop Guide for Parents, Teachers and Other Professionals Obsessive Compulsive Disorder: Obsessive Compulsive Disorder OCD Guide To Overcoming Obsessive Compulsive Disorder And Obsessive Compulsive Disorder OCD ... Guide To OCD Treatment And Recovery) How to Help Someone with Depression: 2nd Edition (Loved one with depression, anxiety disorder, bipolar, manic depression, depression, mood disorders, suicide, suicidal thoughts) Break the Bipolar Cycle: A Day-by-Day Guide to Living with Bipolar Disorder Facing Bipolar: The Young Adult's Guide to Dealing with Bipolar Disorder ADHD: Parenting a Child or Teen With Attention Deficit Disorder: Signs, Symptoms, Causes & Treatments (Treat ADHD & ADD Without Medication Books) Bipolar Happens! 35 Tips and Tricks to Manage Bipolar Disorder Anxiety Disorders: The REAL Truth, Causes and Cures. Panic Disorder, Obsessive Compulsive Disorder (OCD), Generalized Anxiety Disorder (GAD), Post-Traumatic Stress Disorder (PTSD), Social Anxiety Concise Guide to Child and Adolescent Psychiatry (CONCISE GUIDES) (Concise Guides (American Psychiatric Press)) Narcissism: Easily Disarming Narcissists and Understanding Their Selfish Personality Disorder (Psychopath, Narcissistic Personality Disorder, Narcissist ... Mood Disorders, Con Men, Sociopath) Concise Guide to Child and Adolescent PsychiatryÂ [CONCISE GT CHILD & ADOLESC-4E] [Paperback] Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety, and More!: The one-stop guide for parents, teachers, and other professionals The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder, Third Edition The Bipolar Child: The Definitive and Reassuring Guide to Childhood's Most Misunderstood Disorder The Bipolar Workbook, Second Edition: Tools for Controlling Your Mood Swings Mental Health: Personalities: Personality Disorders, Mental Disorders & Psychotic Disorders (Bipolar, Mood Disorders, Mental Illness, Mental Disorders, Narcissist, Histrionic, Borderline Personality)

[Dmca](#)